

We encourage you to do the following:

BEFORE YOU BEGIN

Before you listen, say a short prayer. Ask the Lord to meet you in this simple moment. *Turn on Dwell Mode to repeat and reflect on the verse.*

READ ALONG FIRST

Toggle to Read Along. Listen and read the verse three times.

THEN JUST LISTEN

Toggle Read Along off. Listen to the verse three more times. Try to recite the verse with the narrator.

RETURN TO READ ALONG

Toggle Read Along back on. Listen, read, and recite the verse three more times. Then press pause, close your eyes, and see if you can recite the verse by heart. If you get stuck, no worries! The text is still visible from the Read Along screen.





- This memory practice takes just 5 minutes to complete, repeat it a couple more times throughout the day.
- Add the memory verse to your Favorites so you can review it later.